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for a reason – to match the changes in our skin colour,' says hairstylist Robert Maiolo. 'Darker hair ages you so go one or two shades lighter than your natural colour and add highlights around the face.'

13 CHOP CHOP: Hide a chubby chin with a clever cut. 'Longer, layered hair instantly elongates a face. An asymmetrical or swept fringe will also do the trick,' says hairstylist Sarah Bouchier. 'Stay away from solid cuts that end at the jawline and dead straight fringes as they'll make your face look wider.'

14 MY LITTLE PONY: Try Sydney hair stylist Barney Martin's trick for a super sleek ponytail: lay on your back across your bed so that your hair hangs over the side. Brush through your hair until neat, then pull with both hands into a ponytail and tie with a hair band. 'Smooth down any fuzzies around the crown by spraying a lightweight hair spray on a tissue and gently wiping the tissue over the roots of the hair,' says Barney.

MAKE-UP

15 PRIME TIME: 'The key to a healthy, glowing complexion is primer,' says Rebecca Morrice Williams, founder of Becca Cosmetics. 'It evens out the surface of the skin, makes your make-up easier to apply and stops your foundation and eye shadow creasing.'

16 CHEEKY BUSINESS: Applying blush too low makes you look older. Blush should be applied high on the cheekbone for a fresh, healthy glow. Try Inika Mineral Blush, \$37.95.

17 BRONZE BABE: 'Bronzing the whole face is so old school,' says make-up artist Rae Morris. Instead, opt for a subtle dash of colour. Blend bronzer around the hairline near the temples to create a seamless sun-kissed look. 'It really makes your eyes stand out,' says Rae. Try Estée Lauder's Limited Edition Brilliant Shimmer All Over Powder in After Hours, \$76.

18 WOW-FACTOR EYES: To open up the eyes, use an eyeshadow brush to blend a gold-toned shimmery shadow, such as Clinique Colour Surge Eyeshadow in Buttered Bronze, \$40, in the corner of the eye (where it meets the nose).

19 LIP SMACKING: To bring on bee-stung lips (without needles) 'go for bright lip colours – deep shades make lips look small,' says Lancôme's Michael Brown. 'Dab lip gloss just on the centre of the lips. When light reflects from here, it creates the illusion of a fuller pout.' Try Lancôme Juicy Tube in Framboise, \$47.

20 ROCK CHIC: 'Mineral make-up is an amazing anti-ageing tool,' says Rae. 'All the signs of ageing, like blemishes and sun damage, disappear.' Dust over the face and décolleté daily – it doubles as a sunscreen, too. Try Minerelle Foundation, \$77, applied with Bloom's Foundation Brush, \$35.

21 HIGH BROW: 'If eyebrows are too thin it can accentuate a full face, making it look larger,' says Estée Lauder brow specialist Dimi Noumeir. 'The same applies to longer, thinner faces – leaving the brows too thick can make the face look out of proportion.'

22 LIFT THE LID: Eyelids starting to succumb to gravity? Smoky eyes are the answer. 'Apply a thick line of eyeliner across the lashline and blend up to the brow bone before applying eye shadow,' says Michael. 'Make sure the eyeshadow extends above your lashes when your eyes are open. This creates the perfect shape and opens the eye, hiding signs of a hooded eye.'

23 LUSCIOUS LASHES: Long curly lashes create the illusion of youth. 'Avoid any lash curler with a spring in it!' says make-up artist Chantel Copeland, who recommends Tweezerman Deluxe Eyelash Curler, \$21.95. Look down, clamp for seven seconds then apply mascara. Or opt for professional Lash Beauty eyelash extensions (from \$125), which last several weeks.

