

July 2009 \$8.20 (incl GST)

AUSTRALIA

marie claire

NZ \$9.20 (incl GST) www.marieclaire.com.au

BEST OF BEAUTY

36

AWARD WINNING PRODUCTS

EDITOR TESTED, READER SELECTED

GAME OVER: VICTIMS BLOW THE WHISTLE ON FOOTBALL'S SEEDY SIDE

FOOD FIGHT: ARE YOU INTOLERANT OR JUST PLAIN FUSSY?

SPECIAL DELIVERY: "I HAD AN ORGASM GIVING BIRTH"

SHOP SMART WHAT TO BUY NOW

341

IDEAS YOU'LL LOVE

LINDSAY
SETS THE RECORD STRAIGHT

HAIR HOW-TOS
7 WAYS TO GET GREAT CURLS

HOROSCOPE SPECIAL YOUR LOVE & SEX LIFE

what the **stars** have in store for you



PRINT POST APPROVED PP241613/00125

Fashion forward: Our runway wrap + Australia's top design talent



CURL COMMANDMENT: BE EXPERIMENTAL

Just because your lengths are wavy doesn't mean they have to hang limply every day. In fact, curly hair is one of the best textures with which to create glamorous looks. "Styling curly hair into a sexy up-do is easy, as the curls lock together to create shape and texture," notes Di Biase. "Use bobby pins to hold hair in place and let a few hang loose for that Nicole Kidman look." Curly hair is very versatile as you can also blow-dry your curls smooth for a softer style with gorgeous, feminine volume. Or create a fabulous ponytail – we use Hair Bungee bands (1), \$4.99 for a pack of four, to avoid crushing curls.

CURL COMMANDMENT: REAWAKEN RINGLET'S

Yes, it is possible to add extra spring to your waves the day after you've washed them. "Invest in a satin pillowcase," advises Dorning. "This works wonders as it doesn't create static, which can encourage frizz. Then, when you wake up, clip your hair up before showering and allow the steam to reactivate your curls. Afterwards, simply use a curling tong on any pieces that need definition, or just twist them around your finger." If they're still not behaving, try a little styling paste, warmed between your fingers, to add shape and control. Try David Babai for Wildaid Volcanic Ash Sculpting Clay (2), \$29.50, or Goldwell Move Control Curl Putty (3), \$19.95. ▶

CURL COMMANDMENT: DRY WITH CARE

The best way to dry freshly washed coils is to twist each curl around your finger to create shape, then leave to air-dry. However, you can speed up the process by using a diffuser. "A diffuser attachment on your hair-dryer spreads warm air, providing a more general drying effect than the usual direct nozzle," explains Di Biase. "You get more root lift, retain curl shape and avoid frizz." Worried about damaging your lengths? "As long as you dry your hair at a safe distance and not at an extremely high heat, diffusing your hair is as safe as regular blow-drying," adds Karsono.

RINGLET ROUTINE

- WASH WITH: L'Oréal Professionnel Série Expert Shine Curl Curl-Enhancing Shampoo (4), \$24.
- CARE WITH: L'Oréal Paris Elvive Smooth-Intense Anti-Frizz Conditioner (5), \$7.25.
- DRY WITH: BaByliss Pro Nano Titanium Ionic Dryer (6), from \$99.95.

HOW TO FAKE FABULOUS CURLS

Not blessed with bountiful ringlets? No problem. "A curl-activating product really works when combined with a hot tong and light hairspray – your curls will look effortless and natural," says Dorning. We like VS Sassoon You Curl (far left), \$59.95, and KMS California CurlUp Hot Spiral Spray (left), \$27.50.

